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August 2015

The Lions' Roar

Overland Park Host Lions Club
Overland Park, KS
www.oplions.org



Learning to protect against hackers . . .

Create stronger passwords to protect your computer data and your identify



Shelley White of BDS, a local information technology company, was guest speaker on July 25. Shelley, shown in picture at left with **Big Lion Mike Orzechowski**, presented several techniques for protecting computers from being hacked and the

avoiding the problems that stem from hacking. She spent a lot of time discussing how to construct strong passwords, ones that are hard to decipher.

A strong password will have five characteristics. It will . . .

- **be at least eight characters in length;**
- **contain both upper-case and lower-case letters;**
- **contain at least one numeral and one special character (&, #, \$, !, ^, etc.);**
- **NOT be a dictionary word;**
- **will be hard to guess and to remember.**

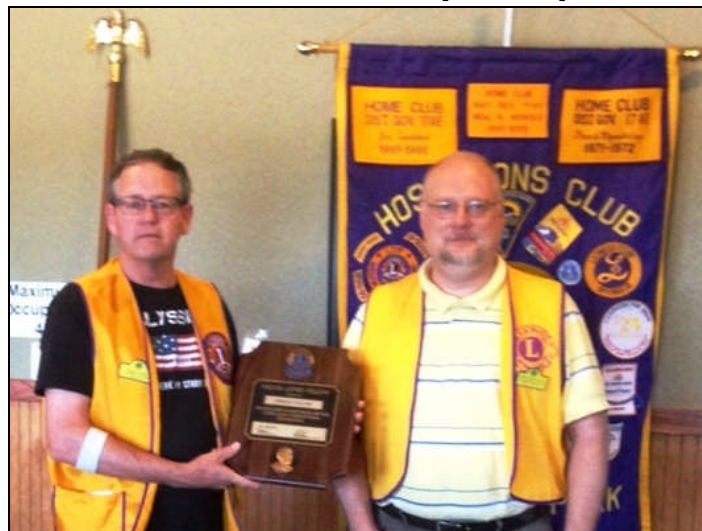
Finally, Shelley said, you shouldn't use the same password for multiple accounts and you should change your passwords at least every ninety days.

Answering the audience's "groan" reaction to the last two ideas, Shelley pointed out that there are trade-offs a computer user must make. There is the convenience of simple passwords used on several accounts OR the higher security that comes from using a separate complicated password for each account and changing it often. There cannot be an equal balance of convenience and safety.

Another useful tip that Shelley provided had to do with security questions such as "What is your mother's name?" or "Where did you grow up?" Answers to these don't have to be truthful, she said. As an example, when "What is your father's name?" is used as a security question in one of her accounts, she answers, "The Declaration of Independence."

A brisk question-and-answer period followed the main part of Shelley's presentation.

Gregg Collins joins ranks of OPHLC Melvin Jones Fellowship Recipients



*New Melvin Jones Fellow **Gregg Collins** displays his MJF plaque after surprise presentation by **Big Lion Mike Orzechowski** on July 25.*

Lion Gregg Collins is the newest Melvin Jones Fellow to be honored by our club. Each year we make at least a \$1,000 contribution to the Lions Club International Foundation. For that we can name one deserving Lion to be a Fellow in a program named after the founder of Lions Club International, **Melvin Jones**.

Lion Gregg has served a couple of terms as Tail Twister and Director in this club. He transferred here from a Salina Club, where he was active for a numbers of years, in 2010.

Through the years, OPHLC or its individual members have donated at least \$59,000 to LCIF. Most of these donations have been for the purpose of naming Melvin Jones Fellows (*some were anonymous and don't show in club financial reports*).

Good Fun, Good Fellowship, Great Food! It's the Sunflower Lions Club Steak Fry

Sunflower Lions of Topeka will hold their annual steak fry and auction at 6:30 on Thursday evening, October 1 at Lake Shawnee (Shelter House #6 on East Edge Road). Cost is \$13 per person. This annual event features great steaks with all the fixin's, a lively auction, and fellowship with Lions from around the area. It's well worth making a visitation out of it.

A Word from the President . . .

Big Lion's Message for August

by Mike Orzechowski

Greetings, fellow Lions. We have our new budgets in place, one for the Service accounts and one for the General Fund, and we put together committee assignments to organize and manage the programs and projects we are planning for this year. We have a healthy club that makes a huge impact on our community. I invite you to share with us our plans for the year at the club meeting on August 8.



"My fellow Americans, ask not what your country can do for you, ask what you can do for your country." These words, spoken by President John F. Kennedy, echo the spirit of our club and the Lions goal of worldwide service. It is easy to be overwhelmed by the challenges we face; feeling like we're helping one drop at a time, yet a hole in the bucket seemingly remains. His quote reminds us that together each of us can have a positive impact on our country, community, and even our world. As Lions, we set the bar for worldwide service; alone, we can only *hope* our drop helps. Together we see the impact that drop makes.

Every member of our team of Lions has a contribution to offer: whether it be talent, experience, or precious time. Much like a football team, we are not all equal in our skill sets. Having the best quarterback in the league does a team no good if the entire team is made up of only quarterbacks. We have numerous opportunities for everyone to contribute to the overall success of our club on each and every project. Many times these opportunities become burdens when no one steps up. That is why I implore you to answer the call of service and ask what contribution *you* might give to further the goals of the Overland Park Host Lions in helping to improve our community. Every job has value to the team. Every task has objectives to be met. And everyone has a contribution to offer. We need leaders, coaches and mentors, manpower—to state the obvious positions—but we also need

- **behind-the-scenes help** with P/R to open doors for more community support;
- **Lions with good people skills** to help keep the projects focused and moving;
- **thinkers to provide good ideas** to make things better;
- **writers to contribute articles to our newsletter** or to complete grant application;
- **cooks** to help make meatballs, pasta sauce, or desserts for the annual Pasta Dinner or to grill brats at the Downtown Overland Park Fall Festival;

- **dedicated members** to sort and pack eye-glasses, to fill shoeboxes for the soldiers, and to wield weed-eaters to clear around our flag locations;
- **early risers** to deliver flags to the drop locations or to work flag routes;
- **solicitors for donations** for the silent auction and organizers to label and tag all the auction items;
- **artists** to help judge peace posters;
- **intellectuals** to review scholarship applications.

And the list goes on.

Ask not what your club can do for you, but what you can do for your club. If you see a committee that interests you, please feel free to change or join committees at any time. We welcome your involvement and look forward to another great year of service as Overland Park Host Lions.

—*Big Lion Mike*



2015-16 Board of Directors installed on July 11

(Standing, Left to right): **Lynn Wolfe**, Treasurer; **Carole Collyard**, Director; **Rick Thomas**, Director; **Mike Sundstrom**, 1st Vice President; **Margy Sundstrom**, Tail Twister; **Heather Lanigan**, 2nd Vice President; **Teresa Wolfe**, Immediate Past President; **Neal Nichols**, Membership Committee chairman; **Beverly Nichols**, Secretary; **Janette Reh**, Lion Tamer. (Seated): **Mike Orzechowski**, Big Lion; **Carleen Rajala**, District Governor. NOT PICTURED: **Mae Claxton** and **Tyler Nigus**, Directors.

Program and Activity Schedule

- August 8** 7:15 AM, regular meeting at Perkins
Recognition of scholarship winners, band students
- August 8** 10 AM, District 17-A Cabinet Meeting
Bella's Restaurant, Junction City
- August 22** 7:15 AM, regular meeting at Perkins
*Program: Veterans' Honor Flights
Lion Christine Nichols, Presenter*
- August 26 (Wednesday)**..... 6:30 PM, Zone Meeting
*Johnson County Library, Antioch Branch
Shawnee Mission Parkway and Antioch*
- August 27 (Thursday)**. 6 - 8 PM, Harvesters Work Night
A District 17-A project 3801 Topping, Kansas City, MO
- Sept. 5 (Saturday)** 6 AM, Flags up (Labor Day)

August and September Birthdays

August 7	Mae Claxton
August 12	Louis Adams
August 21	Dottie Bloome
August 25	Heather Lanigan
September 2	Beverly Nichols
September 5	Malvina Adams
September 13	Gregg Collins
September 25	Ciriaco Valdez

August and September Anniversaries

August 23	Gregg and Sylvia Collins
September 3	Wynn and Sherry Laird
September 7	Lynn and Teresa Wolfe
September 16	Earl and Mary McIntosh
September 26	Mike and Bonnie Orzechowski

A vitamin a day will help a child play.

Help our own **Lion Margy Sundstrom** collect children's vitamins to be sent to the Organization for the Development of the Indigenous Maya Guatemala. (Beyond our own club, this has been adopted as a District 17-A project.)



Lion Margy says, "Please, no expired vitamins or gummy-type vitamins."

Bring your donations to any club or board meeting.

Margy will answer any questions you may have when you see her at a meeting or you can contact her at Margaret1226@gmail.com or phone 940-390-7430.

Flower Power Money Maker!

Are you already thinking ahead about what bulbs you might plant in your garden this Fall? Why not let our Lions Club be a help to you? We are taking advantage of the Flower Power fund raiser to earn more money for the services we provide in our city.

A catalog of available bulbs (including tulips, crocus and daffodils) along with an order form is available for Lions who want to be involved—either by ordering for themselves or by taking orders from family members and friends.

All orders need to be turned in by September 25 so the master order can be on its way by October 1. Profit will be 50% of the price of every item sold.

If you want a catalog and order form, see **Lion Beverly Nichols**. Your participation is voluntary and there will be no pressure for any Lion to take part.

District 17-A Harvesters Work Night

Lions are invited to help at **Harvesters, 3801 Top-ping, Kansas City, Mo** on **Thursday, August 27** from 6 to 8 PM. Work assignments are made after groups arrive, so we never know what tasks we'll have. This time of year, however, the odds are good that we'll be filling Back Snacks for needy school kids.

Annual Sale Supports KU Audio-Reader

"For Your EARS Only" benefit sale to be September 11, 12 in Lawrence

"For Your EARS Only," an annual event to help raise operating funds for the KU-Audio-Reader service, will be held on September 11 and 12 at the Douglas County Fairgrounds in Lawrence.

Last year's sale grossed nearly \$28,500, the largest amount ever raised.

Hundreds of people usually turn out on both Friday and Saturday to check out sale items. The inventory contains vinyl records, CDs, DVDs, Audio-Books and many musical instruments. In 2014 even a didgeridoo was sale. Over 300 pieces of vintage and modern equipment, including turntables, receivers, amplifiers, speakers and an early 20th century crank-up phonograph were sold last year.

All items sold are donated by Lawrence, Kansas City and Topeka residents. With the help of many volunteers, all items get cleaned, sorted, priced and put out for customers.

The sale raises crucial operating funds for Audio-Reader and helps cover costs associated with print materials and technology needed to provide free reading and information services to thousands of listeners.

OPHLC members: if you're thinking of putting old CDs, vinyl records, or audio equipment into garage sales or even—gasp—throwing them away, consider donating to the For Your EARS Only sale. Audio-Reader will raise far more money by selling your items than you would get at a garage sale. Beyond helping KU Audio-Reader, if you itemize on your income tax returns, you can claim deductions for the value of the items you donate.

Looking ahead . . .

Bell Ringing to be on December 5

Our club will participate in the Salvation Army's annual Bell Ringing campaign on December 5 at the Sam's Club store near 95th and Quivira in Overland Park. Two-hour shifts, two Lions per shift, will run from 10 AM to 6 PM.) (The Salvation Army would appreciate a final shift from 6 to 8 PM. Ten "ringers" have signed up, but with another two or three, we could honor this request.

Weather is always unpredictable late in the year but by getting an early-December date, maybe we'll not experience the bitter cold that comes later in the month.



Dr. Jitsuhiro Yamada, is Lions Clubs 2015-2016 International President



Dr. Yamada of Minokamo, Gifu, Japan, was elected to serve as president of Lions Clubs International at the International Convention held in Honolulu, June 26 through 30, 2015.

President Yamada is a neurosurgeon. His theme for this year is "Dignity, Harmony, Humanity." His symbol is an origami crane (see top of page 1, right-hand side, for illustration).

Treasurer's Reports for July 2015

General (Operating) Account

Income	
Member dues	\$ 1,245.00
Tail Twister	44.00
Meals	495.00
Memorial income	<u>45.00</u>
Total Income	\$ 1,829.00
Expenses	
LCI semi-annual dues	\$ 892.25
MD17 semi-annual dues (State)....	382.50
District 17-A semi-annual dues ...	127.50
Room and meals, meetings	372.50
Magazine subscriptions	12.00
Name tags	40.30
Memorials	45.00
Peace Poster expense	41.85
Total expenses	1,913.90
Net income (reduction) for month	(84.90)
Ending balance, July 31 (General Account)	<u>\$ 3,444.80</u>

Service (Charity or Project) Account

Income	
Total Income	\$ 0.00
Expenses	
Scholarship	\$ 500.00
OPHLC Endowment Fund	<u>76.94</u>
Total expenses	600.00
Net Income (or reduction) for month	(- 600.00)
Ending balance, July 31 (Service Account)	<u>\$ 3,535.73</u>

Scholarships Winners Honored



Scholarship winner **Cady Pendleton** fell ill on the morning of our July 25 meeting and was unable to be present to receive her check. She was represented by her mother, **Mrs. Barbara Pendleton** who spoke to us about Cady's progress in high school—a straight-A student—and her plans for higher education.

Two more scholarship winners and their parents have been invited to the August 8 meeting to be presented with their checks. They are **Mia Thomas** (parents **Andrea and Will Ramsey**) and **Stephanie Wilcox** (mother **Kathy Wilcox**).

Lions **Beverly Nichols** and **Rosa Detrixhe** served on the Scholarship Committee and reviewed all applications. An important component of the selection criteria in addition to scholastic achievement is the student's record of community and school service.

District Governor's Goals for 2015-16



District Governor Carleen Rajala has embarked on an ambitious program for this Lions service year. Her theme is "Lions Spirit and Service." The following are her primary goals:

- Collect vitamins for children in Guatemala
- Continue vision screening for children under 6
- Continue Reading Action Program
- 50% of District clubs participating in and recording at least two of four **Centennial Service Projects** (*vision, youth, hunger, environment*)
- Achieve positive membership growth
- Encourage clubs to hold at least one activity that will include family members
- Encourage clubs to hold at least one activity that will involve non-Lions
- Establish one new Lions Club and one new Club Branch
- Provide leadership training for Zone Chairpersons and new club officers
- Increase the number of Guiding Lions
- Promote LCIF giving and Peace Poster contest
- Support Leo Clubs and the Lions State Band.

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